



## The Metacognition Toolkit: Practical Strategies for Every Classroom -created and led by Chris Quigley

You will learn how to support students in becoming more reflective, confident and independent learners.

High quality training for Senior Leaders, Head Teachers, Deputy Heads and Teachers.

Thursday 3rd April 2025 Virtual Event 9.30am– 3pm

### Overview:

**Metacognition**—monitoring and controlling one’s thought processes—is a powerful tool that can transform learning, helping students make substantially improved progress. This course’s toolkit of strategies may be applied in any classroom, from EYFS to KS3.

### Key Learning Outcomes:

**Implement 6 Core Metacognitive Strategies:** you will understand 6 essential strategies clearly: connecting, predicting, visualising, questioning, seeking clues, and reflecting. You will also learn how to introduce and adapt these strategies in various subjects and contexts, ensuring that they are accessible to all learners. Each strategy will be illustrated with a range of easy-to-use resources and guidelines.

**Use Think-Alouds to Support Metacognition:** think-alouds are an effective tool for making students’ thought processes visible. You will explore how to model your own thinking and help students articulate their own thought processes. These techniques will allow students to verbalise how they approach tasks, fostering both metacognitive awareness and oracy—the ability to speak with fluency and confidence.

**Develop Oracy Skills Alongside Metacognitive Development:** oracy and metacognition go hand-in-hand. Encouraging students to talk through their thinking builds their metacognitive skills and ability to communicate ideas clearly. This course will provide strategies for integrating oracy into your lessons, ensuring students can articulate their learning processes and build confidence in speaking.

**Overcoming Barriers to Metacognition:** some students hesitate to engage in metacognitive strategies due to a lack of confidence or fear of failure. Learn how to support these students by scaffolding their learning and offering practical tools to build their confidence in using metacognitive strategies. You will explore a range of inclusive strategies that ensure metacognitive development is accessible to every student. Discover how to scaffold activities, provide support through peer collaboration and adjust strategies for individual learners.

### Take Away:

**Ready-to-use Tools and Resources:** you will leave with a comprehensive toolkit of practical resources, including Think-Aloud scripts, visualisation templates and reflective frameworks that you can immediately implement in your classroom.

**Research-Backed Understanding:** gain a deep understanding of how metacognitive strategies work, backed by research showing their impact on student progress. Learn how to apply these strategies effectively in different classroom contexts to support improved learning outcomes. The course is grounded in the latest EEF research.

**Practical Classroom Examples Across Subjects:** access practical examples of how to apply metacognitive strategies in subjects like literacy, maths, science and more. See how these approaches can be adapted for different age groups and classroom settings, making the metacognitive toolkit a valuable resource for every teacher.

**Booking cost £150 + vat (No cancellation after 3rd March 2025)**

**To book, please post or email the attached booking form to Educational Associates Ltd,  
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or Email-[educonsultancyassociates@gmail.com](mailto:educonsultancyassociates@gmail.com) Web-**